

The Pre-assessment unit is located in the Out-Patient Department on the ground floor in Dumfries and Galloway Royal Infirmary.

Why Pre-assessment?

Pre-operative assessment is an important process before your operation to make sure that you are fully prepared for your admission to hospital and recovery following discharge home.

Your appointment time

The length of time required for pre-operative assessment can vary but may last between 40-60 minutes.

What happens at the preoperative assessment clinic?

The nurse will ask you a series of questions to help build a picture of your current health and any health problems you may have had in the past. This is to assess how fit you are for surgery and anaesthetic to ensure that you will be in the best health prior to the operation.

The nurse will ask you about the current medication that you are taking including all prescribed medication and any other medication that you have purchased and take regularly. This includes, for example tablets, inhalers, creams, eye drops. Please bring a copy of your repeat prescription and a list of any medication that you buy and take regularly.

You will have some tests carried out including: -

- blood pressure
- pulse
- weight and height
- blood tests
- ECG (heart tracing)
- MRSA swabs
- CPE swabs
- And be asked to provide a urine sample.

You may be seen by the consultant anaesthetist however, this will depend on your general health or the operation you are having.

You may also be seen by the junior doctor. This depends on the type of operation you are having.

The pre-assessment team are here to help

We are happy to answer questions and discuss any issues you may have about your operation and recovery to try to reduce your worries and concerns.

If you are unsure about anything that had been discussed, please ask the nurse to repeat things.

The nurse will provide you with written information leaflets to help you to remember what was discussed.

If you are unable to attend please let us know as soon as possible (see number below). An early cancellation means that the appointment can be offered to someone else.

For further information

If you require any further information prior to your appointment please contact the pre-assessment team on: -

Tel: 01387 241366 Monday to Friday 8.30am - 4.30pm

If you have any information you think is important or questions you wish to ask please write them down in the space below.

Public Transport to Hospital site

There is a regular bus service to Dumfries and Galloway Royal Infirmary. For bus times please visit www.swestrans.org.uk / www.houstoncoaches.co.uk

The 500 Service from the west of the region will call into the hospital as it makes its way to and from Dumfries.

Car Parking

Car parking is free. The site has 1000 parking spaces within its boundary and is covered by CCTV to improve security. Patients attending Outpatient Clinics can access a dedicated parking area adjacent to the main entrance.

There are 68 'Blue Badge' disabled parking spaces at the new hospital – 34 at the main entrance and 34 close to the Emergency Department and Orthopaedic Outpatient Department. The management of these spaces is enforceable by the Road Traffic Regulation Act (Traffic Regulation Order – TRO).

There are dedicated drop off spaces at the main entrance and the car park has 40 electric car charging points.

The car parks can be very busy so please leave plenty of time to find a space prior to your appointment.

This information is also available on request in other formats by phoning 01387 241366.